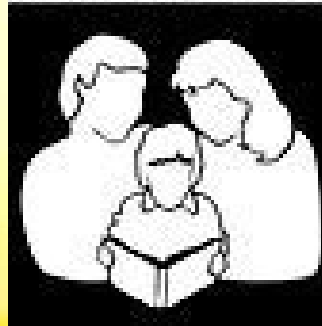


GLENDALE
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P A R E N T
E D U C A T I O N
A S S O C I A T I O N

GCPEA SPRING PEPOR 2020



PEPOR Editor: Arineh Ebrahimi

GCPEA Spring PEPOR - 2020

Dear Families of Parent Education

We, the Executive Committee of the Glendale College Parent Education Program, wish you good health and safety for your families and loved ones.

We are rooted in the community and working hard to find new ways to keep us connected without gathering in person. We have suspended many of our events, such as the STEM event and the Spring Luncheon, but we are looking to move some events to an online platform as much as possible.



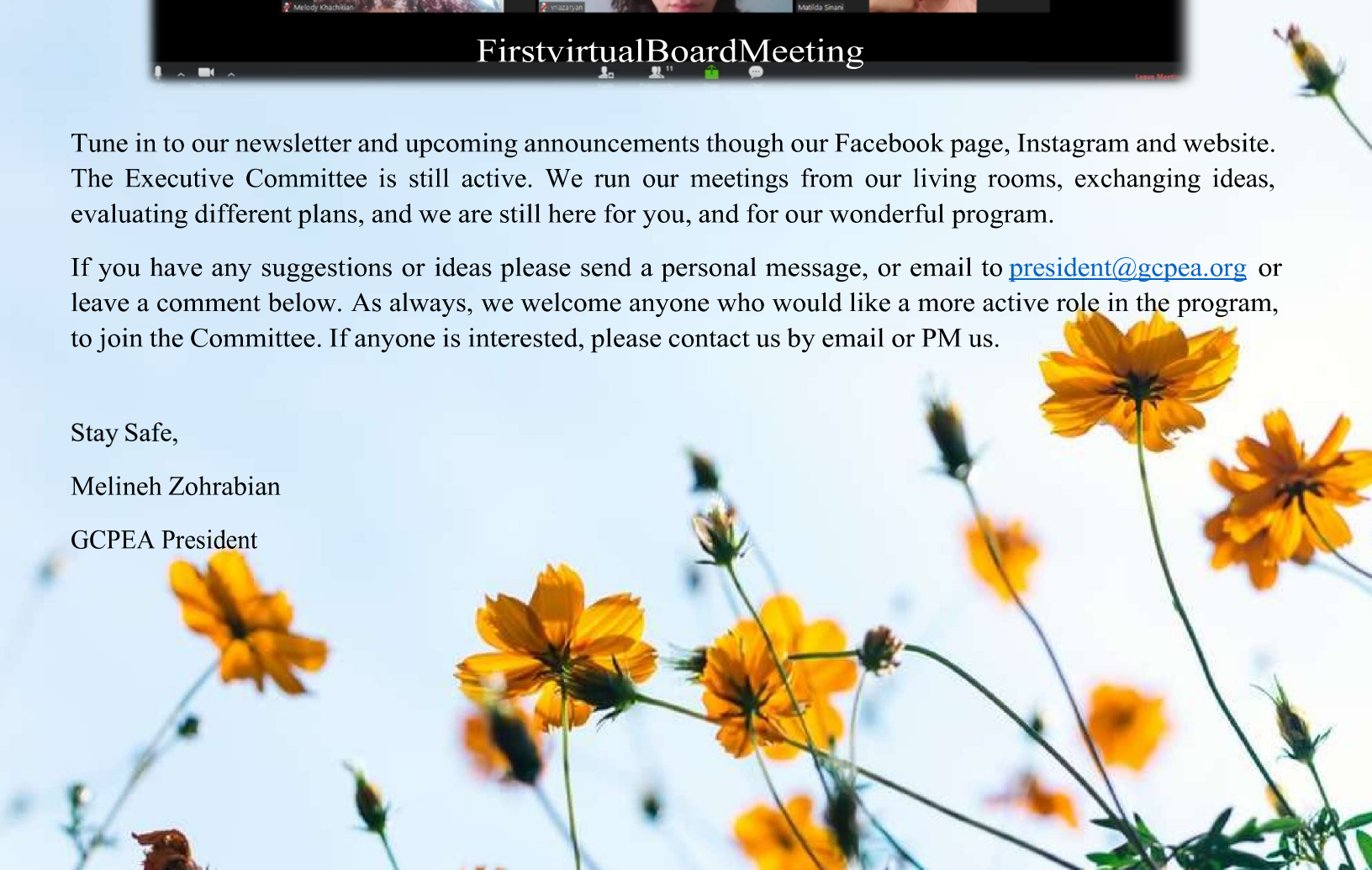
Tune in to our newsletter and upcoming announcements through our Facebook page, Instagram and website. The Executive Committee is still active. We run our meetings from our living rooms, exchanging ideas, evaluating different plans, and we are still here for you, and for our wonderful program.

If you have any suggestions or ideas please send a personal message, or email to president@gcpea.org or leave a comment below. As always, we welcome anyone who would like a more active role in the program, to join the Committee. If anyone is interested, please contact us by email or PM us.

Stay Safe,

Melineh Zohrabian

GCPEA President



GCPEA Spring PEPOR – 2020



Christmas Parade 2019 (by Sarah Kang)

On Saturday, December 7th, 2019, approximately 200 members from the program gathered together to join many other organizations from the community in the Annual Montrose Christmas Parade!

Parents and children wore colorful Christmas light necklaces to match the parade's theme of "Bright is Our Future" while enjoying coffee (donated from Coffee Bean), hot cocoa, and chocolate chip cookies!

It was a great time by all to kick off the holiday season, and bond together as a community. Children beamed with pride as they helped carry the GCPEA banner for all to see, and had fun riding their festively decorated scooters and strollers down the street.

Children had the opportunity to see Santa in the night sky, all lit up, and flying low in a helicopter over the crowd, to kick off the start of the parade. Santa was seen again on a firetruck at the end of the parade.

Thank you to everyone who attended, and especially to those who helped out!



GCPEA Spring PEPOR - 2020

Teacher Barbara's 3/4 year old class. (Monday 12:30- 3:30pm)

(by: Matilda Sinani)



World has changed tremendously from the last time we were in a class in the LSB. And during this time, I couldn't be more grateful and happy that we still have the chance to have the Parent Ed Classes, even

though virtually. It's an opportunity for friends to see and catch up with each other and try a new way of learning with old friends and teachers.

My 5-year-old daughter and I are still learning a lot from these virtual classes. It's very heartwarming to see our friends, sing, and learn all together in the same virtual class, and to see how our instructors are working hard to adapt to the new norm and provide the same value as usual. Life is more beautiful and easier when you have a trustworthy source of knowledge and fun, especially in hard times of life!



GCPEA Spring PEPOR – 2020

TUESDAY 8:45 CLASS WITH TEACHER BARBARA (by Talin Singer)

I admit it, I was very hesitant on how the Zoom classes would work out. However, I quickly learned all the benefits of doing the classes by Zoom through Canvas. Teacher Barbara has posted so many great articles, videos and craft ideas through the modules. I am always learning something new and finding new ways of entertaining and enriching my toddler. The one major drawback is the lack of social play, but it gives me great comfort to know that we live in a time where with technology it has become possible to see our friends and their kids within the safety of our homes.



Every week we learn something new and have crafts to correlate with the subject. Today for example we learned about space and the difference between rocket

ships and airplanes. We even dimmed the lights and pretended to be in space with a recording Ms. Barbara shared with us during our zoom class, it felt like we were really in a rocket ship going to the moon and back. We even pretended to bounce around on the moon pretending



there was no gravity, I must admit it was fun for me as well as my toddler. We were given templates and instructions on how to make paper airplanes and even discussed making a telescope with paper towel rolls wrapped with foil. I love that the ideas are things that we have around the house. During our adult discussion time, we have been discussing different things as well. We



discussed the importance of partners and their relationships especially during this time of pandemic and quarantine. I learned some new tips and tricks to stay connected with my partner even though we are constantly surrounded by the kids. It is easy to take people for granted, so it is important to at least say two nice things to your partner a day so that they know that they are appreciated and loved. And hugs help too. It is so important for our kids to see that their foundation is strong and the way they see that is through you and your partner. So, go ahead and give him or her a hug or even a peck occasionally, it's okay to do this in front of the kids.